



COMMUNITY BASED RECREATION PROGRAM

WINTER-2019

Date: January 23, 2019

Since the fall of 2001, Dixville Foundation, has had a community based recreational program. The 'DROP IN' program is designed to provide the persons with an intellectual disability or on the autism spectrum, various recreational activities on a monthly basis. The activities are supported and sponsored by the Dixville Foundation and co-ordinated by the recreation committee.

Phone number for activities 819 564-9790 (Robert Nutbrown/Ann Marcoux) to reserve for activities, get info or contact us during activities (for emergency purposes). Outside activity times, leave a message on the voice mail

If a user requires close supervision/support with mobility on outings it is the family's responsibility to provide adequate supervision. Cost for activities and meals are covered by the Dixville Foundation unless specified.

The activity calendar can now be found on the Dixville Foundation website_www.foundation dixville.org CHECK IT OUT!!!!!!

<u>DATE</u>	<u>ACTIVITIES</u>
Wednesdays February 6, 13, 20, 27 2019 6:00 p.m. to 8:00 p.m.	Recreation evening: At 36 Queen in Lennoxville. Snacks can be bought for \$1.00 each. Bring any games, cards or a video you would like to watch. We are there from 6:00pm to 8:00 p.m.
Saturday February 9, 2019 12:00 p.m. to 3:00 p.m.	Casino and bingo with Best buddies (all clients are welcome) Drop off and pick up at Centennial theatre at Bishop's University 2600 College. Pizza lunch will be served so please reserve by leaving a message on our voice mail 819 564-9790
Saturday February 23, 2019 11:00 p.m. to 3:00 p.m.	Sugar shack lunch Cabane à sucre Gareau Canton de Hatley with Best buddies Bus will leave 36 Queen at 11:00 so please arrive at 10:45. We will be back at for taxi at 3:00. Reserve your spot by calling 819 564-9790 by Feb. 13. Spaces are limited!!!
Wednesdays March 6, 13, 20, 27, 2019 6:00 p.m. to 8:00 p.m.	Recreation nights: At 36 Queen in Lennoxville. Snacks can be bought for \$1.00 each. Bring any games, cards or a video you would like to watch. We are there from 6:00pm to 8:00 p.m.
Saturday March 9, 2019 11:00 p.m. to 2:00 p.m.	Recreation afternoon: Once a month we get together to play games, art activities, knitting, pool, etc. at 36 Queen in Lennoxville. Snacks can be bought for \$1.00 each. Bring any games, cards or a video you would like to watch. Lunch will be served so please reserve by leaving a message at 819 564-9790
Saturday March 23rd 2019 1:00 p.m. to 4:00 p.m.	Activity with Toutous poilus. We'll have special furry guests coming to visit. Animals animals and surprises!!! Please let us know of any fears/allergies to animals and to what degree by calling 819 564-9790 . Make sure you have good indoor shoes for this activity especially if you want to walk the animals.
Wednesdays April, 3, 10, 17, 24, 2019	Recreation nights: At 36 Queen in Lennoxville. Snacks can be bought for \$1.00 each. Bring any games, cards or a video you would like to watch. We are there



COMMUNITY BASED RECREATION PROGRAM WINTER-2019

6:00 p.m. to 8:00 p.m.	from 6:00pm to 8:00 p.m.
Saturday <u>April 6, 2019</u> 12:00-3:00 pm	Goodbye dance with Best buddies Drop off and pick up at Centennial theatre at Bishop's University 2600 College. Please reserve your place by March 27 by leaving a message on our voice mail 819 564-9790
Friday <u>April 12, 2019</u> 7:00 pm – 10:00 pm	We are going to the theatre!!! Play at Alexander Galt 'The crazy cowgirls of Pimberly' STS Transport adapté' goes there. The address is 1700 College. Please reserve by leaving a message on our new number 819 564-9790 Arrangements can be made for those who usually walk or take city bus. Talk to Robert or Ann to set up
Wednesdays <u>May 1, 8, 15, 22 and 29, 2019</u> 6:00 p.m. to 8:00 p.m.	Recreation nights: At 36 Queen in Lennoxville. Snacks can be bought for \$1.00 each. Bring any games, cards or a video you would like to watch. We are there from 6:00pm to 8:00 p.m.
Saturday <u>May 4, 2019</u> 10:00 a.m. to 3:00 p.m.	Nature walk at Merry's point in Magog and Subway lunch in the park. Please dress accordingly to the weather with waterproof boots/footwear if required. There will be a non- walking option for people with mobility issues. Bus will leave 36 Queen at 10:00 pm and return for taxis at 3:00 pm Please reserve your place by April 17 by leaving a message on our voice mail 819 564-9790
Friday <u>May 24, 2019</u> 7:00 p.m.-10:00 p.m.	Country rainbow cloggers dance show at Alexander Galt Regional High school featuring our famous Virginia and Sharon!!!! STS Transport adapté' goes there 1700 College St Sherbrooke. Please reserve your spot at 819 564-9790 Arrangements can be made for those who usually walk or take city bus. Talk to Robert or Ann to set up
Wednesdays <u>June 5, 12, 19 (Supper) and 26, 2019</u> 6:00 p.m. to 8:00 p.m.	Recreation nights: At 36 Queen in Lennoxville. Snacks can be bought for \$1.00 each. Bring any games, cards or a video you would like to watch. We are there from 6:00pm to 8:00 p.m. Information Supper, see below.
Saturday <u>June 1st, 2019</u> 9:30 a.m. to 2:00 p.m.	Recreation afternoon: Once a month we get together to play games, art activities, knitting, pool, etc. at 36 Queen in Lennoxville. Snacks can be bought for \$1.00 each. Bring any games, cards or a video you would like to watch. Lunch will be served so please reserve by leaving a message at 819 564-9790
Saturday June 15,2019	Drop in goes to the movies Movie and hours to be confirmed when movie schedule comes out.
Wednesday <u>June 19, 2019</u> 6:00 p.m. to 8:00 p.m.	Rec night BBQ at 36 Queen in Lennoxville. Please reserve your place by June 12 by leaving a message on the voicemail 819 564-9790